

# Research on work practice of kindergarten parents under core literacy

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## Abstract

Nowadays, with the rapid development of China's economy, preschool education closely follows the pace of new curriculum reform and pays attention to the role of parents' work. Teachers are required to actively explore effective forms of home-school cooperation and parental work strategies, constantly optimize preschool education, and promote the all-round development of children, who are full of curiosity about everything and have a lively personality. The homeroom teacher can design efficient and scientific parent work strategies according to the child's personality characteristics, improve the child's physical and mental quality, guide parents to consciously learn the method of educating their children, and realize the optimization and upgrading of preschool education.

## Keywords

The teacher professional growth, Kindergarten, Parent work, Best practice

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## 1. Introduction

With the further promotion and deepening of quality education, kindergarten teachers should actively explore effective measures to optimize teaching and management results. Therefore, kindergarten teachers should change their thinking about parenting, break the current barriers, and integrate the concept of "home co-parenting" into daily teaching and management, that is, kindergarten teachers and parents work together to carry out early childhood education, so that children can obtain basic knowledge and common sense of life, and promote their physical and mental harmonious development. How to do a good job of parents in kindergartens has become one of the urgent problems for kindergarten teachers at this stage. The early childhood stage is the key stage of children's learning enlightenment and mental development. In addition to receiving kindergarten teacher education in kindergartens, parents should also be encouraged to participate in early childhood education and fully demonstrate their parenting status. Due to the restriction and influence of internal and external factors, parents still have many problems in the process of participating in kindergarten parenting, so it is difficult to achieve good cooperation results. In view of this, with the author's teaching experience as the starting point, this paper focuses on the importance of doing a good job of parents in kindergartens, analyzes the problems existing in the process of doing a good job of parents in kindergartens, and puts forward practical work paths.

## 2. The importance of parents' work

The "Kindergarten work Regulations" clearly points out that kindergartens should take the initiative to communicate and

cooperate with children's families, provide parents with scientific parenting publicity and guidance, help parents create a good family education environment, and jointly shoulder the task of educating children. Because of their young age, children have great dependence on their parents. It is difficult to improve the quality of kindergarten education by itself, so we must stand at a new height, fully integrate and utilize the educational resources of family and community, give full play to the educational role of parents, and realize the synchronous and coordinated development of kindergarten education and family education. Many teachers have this feeling, there are no children who can't handle it, only parents who can't handle it. New teachers are not to mention, often helpless to parents, see other classes in the parents to cooperate with what activities are wind water, their parents to help collect some waste items are very difficult. Kindergarten teachers all know that with the understanding and support of parents, the work will get twice the result with half the effort. And vice versa.

From the perspective of parents, they are eager to understand the education and teaching of kindergarten and understand the education and teaching behavior of kindergarten, which requires the teacher to consciously guide and help, if they only passively wait for parents to understand themselves, they do not know when to wait, or even after graduation. On the basis of understanding, parents will give spiritual support to the activities carried out by kindergartens, and some will become practical actions. Only with understanding and participation can there be a change in concept, and only when the concept is changed can it be implemented into action, so as to improve the educational ability. From the perspective of teachers, there is an interesting phenomenon in kindergarten, that is, teachers have helped children establish good living and learning habits in daily activities, and they will return to their original form once they go home on weekends. This requires teachers to give professional guidance to parents and lead parents to develop children's good habits scientifically and effectively. Only by forming a joint force can we really improve the quality of education. On the other hand, the kindergarten curriculum is based on life, and needs resources from families and communities. If it cannot get the support of parents, the promotion and implementation of the curriculum will be difficult, and the effect will be greatly reduced. What's more, as a professional child-rearing institution, kindergartens have the responsibility to help parents solve problems in child-rearing. In this process, teachers can also promote their own professional development and improve the reputation of the kindergarten.

### **3. Best practices for kindergarten parents from the perspective of teacher professional growth**

#### **3.1. Prepare your mind**

First of all, before parents choose a kindergarten, the staff of the kindergarten will inform the parents of some admission instructions, so that parents have a clear understanding of all aspects of the kindergarten. For example, children must have a certain self-care ability, with good work and rest habits, that is to say, try to make children's work and rest at home and in the kindergarten the same, of course, also let parents actively encourage children, let children think that kindergarten is a very interesting thing, prepare a variety of essential items for them. Secondly, teachers should contact parents of young children before school starts, preferably at home. This contact is mainly to have a certain understanding of children's living conditions, including whether children have self-care ability, extrovert or introvert personality, physical health and what kind of living habits they have. All these matters should be understood. In addition, we can also understand the parents' wishes, that is to say, do parents have special requirements for teachers, and what way to carry out specific teaching? Only by putting ideological work into place, can we develop appropriate teaching programs.

#### **3.2. Parents work in everyday life**

Parents work in a variety of ways, in daily life mainly to half-day open activities, parents' meetings, home visits, home exercise books as the main means. Each work of the kindergarten has its own unique advantages. In the development of the parents' meeting of large class, teachers can introduce the class situation to parents, so that parents can understand the plan of this semester and how parents should support and cooperate with the work of the kindergarten. In the large class home visit is

mainly for the children with abnormal performance in the kindergarten recently, teachers can come to understand the situation and growth environment of this early childhood stage, and find out the problems of children through the way of talk guidance and solve them. In the half-day opening activities of the big class, parents can understand the situation of their children in the kindergarten and further family education according to the situation in the kindergarten. In the big class home contact book, we can let parents know the daily situation of children through the form of text, and effectively understand the recent problems of children in kindergarten.

### 3.3. Think from a parent's perspective

Every child is a treasure in the palm of their parents, parents are looking at their children with filters, they can not see the shortcomings of their children. No one is perfect, every child will have some small problems, want parents to realize that their children are not perfect, and are willing to cooperate with the kindergarten to educate children, teachers in communication with parents, first of all, we must learn to think in other people's shoes. If teachers blindly blame children and list many shortcomings of children to parents, then parents will not only not cooperate with teachers' education work, but also may conflict with teachers. Therefore, when communicating with parents, teachers should first praise their children, and then use a euphemistic tone to tell parents that if children can get rid of one or two small faults, they will become more excellent. In this way, parents are willing to accept the teacher's advice and take the initiative to take the responsibility of educating their children. For example, Qiangqiang likes to fight over other people's toys and does not say a word. Once, he took a fancy to other children's toys, and in the process of robbing, he pushed another child to the ground. When communicating with parents about the problem of Qiangqiang, I did not directly criticize Qiangqiang and tell parents that they need to discipline their children, but first praised Qiangqiang's advantages and then pointed out Qiangqiang's shortcomings. "During this period of time, Qiangqiang has made great progress in kindergarten, able to dress himself, fold the quilt, eat seriously, and see the teacher also know to take the initiative to say hello." The only fly in the ointment is that when Qiangqiang and other children compete for toys today, he is too anxious and does not control the strength well, pushing the other children down. I have criticized Qiang Qiang, and he has apologized to the children. I believe Qiangqiang will not have any more conflicts with other children over grabbing toys." The parents listened to my words and took the initiative to ask Qiangqiang about the details of the conflict with other children, and said that they would discipline their children at home.

### 3.4. Enrich parents' experience

Because some parents are not familiar with the laws of physical and mental development of children, and in order to deal with work matters and life trifles, they will use various electronic devices, such as mobile phones and tablets to divert the attention of children, so that it is difficult for children to achieve effective development. In order to alleviate this situation, sometimes parent-child interaction activities can be regularly carried out to invite parents to participate in early childhood education, so as to enrich their educational experience and perception, help them establish the right concept of parenting, and set aside a certain amount of time to accompany children's growth, so as to promote the healthy development of children. For example, kindergartens can organize parent-child activities of "Today's father is the teacher", and the father of the child can complete the lesson preparation and teaching, so that it can grasp the development law of the child in the process, and at the same time, it can also narrow the emotional distance between the child and the parents. Or kindergarten teachers can also establish parents' committees for children, so that they can cooperate with parents' committees to carry out early childhood education, attract parents to actively participate in kindergarten class construction, perceive children's learning atmosphere and growth environment, and effectively enrich parents' education management experience. In addition, kindergarten teachers with rich parenting experience can also organize and carry out "parent-child cultural creativity challenge" activities, inviting parents and children to participate in the creation of class culture, so as to obtain thoughts and insights in parent-child activities. By encouraging parents to participate in early childhood education and teaching, it can not only guide parents to grasp the

development rules and personality characteristics of children, but also improve the quality of kindergarten teaching and management.

### **3.5. To give parents a comprehensive understanding of the situation of children in the garden**

Kindergarten children are in the stage of physical and psychological development, teachers in addition to taking care of their eating, drinking, sleeping, but also take into account learning and play activities. Children come from different families, parents have different requirements for children, teachers should try to give parents feedback on each link of daily life, so that parents can see the activities of the kindergarten, see the child's figure, and understand all aspects of children's life in the garden from a comprehensive and multi-angle.

(1) Normalization of photos and videos. In order to ease the worries of parents, teachers usually have to be thoughtful, use mobile phones, cameras to capture the wonderful moments in the life of children in a day, such as independent life - independent drinking water, independent feeding; Outdoor sports - sports festival, large equipment, happy games; Independent learning - nice picture books, regional playtimes, etc. Teachers upload these activity photos to the class album, or clip them into videos, so that parents can fully understand their children's life, study, games and sports in the garden through pictures and videos, which can effectively eliminate parents' concerns and make parents feel at ease.

(2) The diversity of written emotions. Parents have a preliminary understanding of kindergartens through videos and photos. How to let parents have a deeper understanding of the significance and development value of each activity requires teachers to inform parents in different ways according to different contents. For example, when introducing class activities, teachers should try their best to stand in the perspective of children and express themselves in a child-like and childlike language, which can not only narrow the distance between parents, but also produce empathy with parents. When issuing a notice, you can add some sub-headings according to the type of notice to make the information content more clear and focused, such as "Warm tips", "lost and found", "Guide" and so on. The text of the story allows parents to have a comprehensive and in-depth understanding of the activities of the kindergarten, thus, parents' sense of trust in teachers will arise spontaneously.

## **4. Research conclusion**

In short, teachers, parents, and kindergartens should work together according to the situation, and use the correct home-school cooperative teaching methods and parents' work concepts to design parents' work links suitable for children's growth. At the same time, we should pay attention to good communication with parents, conduct a comprehensive understanding of the family situation of young children, and formulate corresponding personalized parent work plans. Only through the work of parents to enhance children's learning enthusiasm, broaden children's learning horizons, and let children grow up in a healthy home and school environment can we promote the sustainable development of education and promote the optimization and improvement of children's behavioral ability and learning ability.

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